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"THE LEADING EDGE IN COMMODITIES"

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THE MARKET INSIDER NEWSLETTER

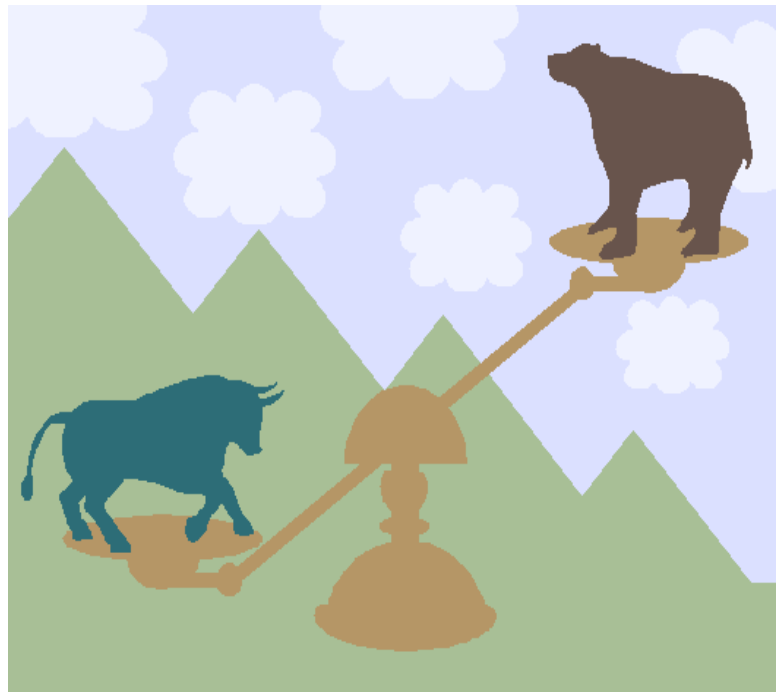
February 16, 2009

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Midwest Market Solutions, Inc.

VISIT OUR WEBSITE AT www.midwestmarketsolutions.com FOR MORE INFORMATION.

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WHEAT



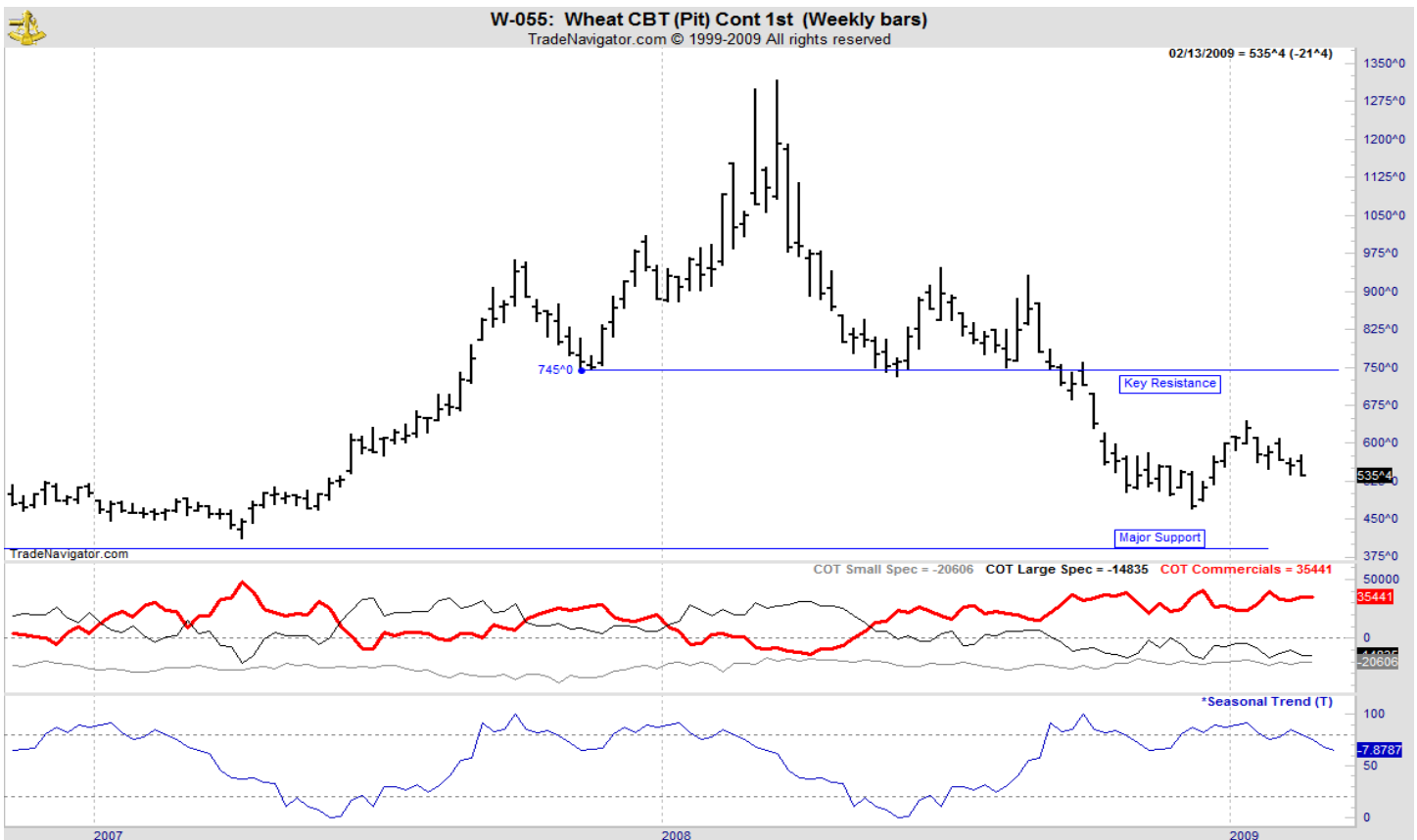
ANALYSIS

For the week, Chicago wheat closed \$.21 1/2 lower; Kansas City wheat \$.12 lower and Minneapolis wheat \$.2 1 3/4 lower. The weekly export sales report showed net sales of 411,700 metric tons were up 26 percent from the previous week and 94 percent from the prior 4-week average. Increases reported for Egypt (115,000 MT), Nigeria (79,100 MT, including 24,000 MT switched from unknown destinations), Indonesia (68,000 MT, including 58,000 MT switched from unknown destinations), Japan (65,700 MT), Yemen (52,500 MT), Thailand (47,800 MT), Mexico (24,700 MT), and South Korea (22,200 MT), were partially offset by decreases for unknown destinations (73,500 MT), Trinidad (14,200 MT), and the Dominican Republic (11,300 MT). Net sales of 24,000 MT for 2009/10 delivery were for the Dominican Republic (13,000 MT) and Mexico (11,000 MT). This year's export performance pales in comparison to last year's sales. This year's U.S. wheat sales stand at 73% compared to last year's strong sale performance with commitments of 848 mb this year vs. 1,146 mb a year ago. The U.S. only needs to export 8.91 mb each week to reach the USDA forecast. Egypt did purchase 120,000 mts of Russian wheat last week, again snubbing the U.S. This tells traders that demand is weak for U.S. wheat and rallies should be sold. The winter wheat growing Plains area received significant rainfall last week, helping to stabilize the winter wheat crop.

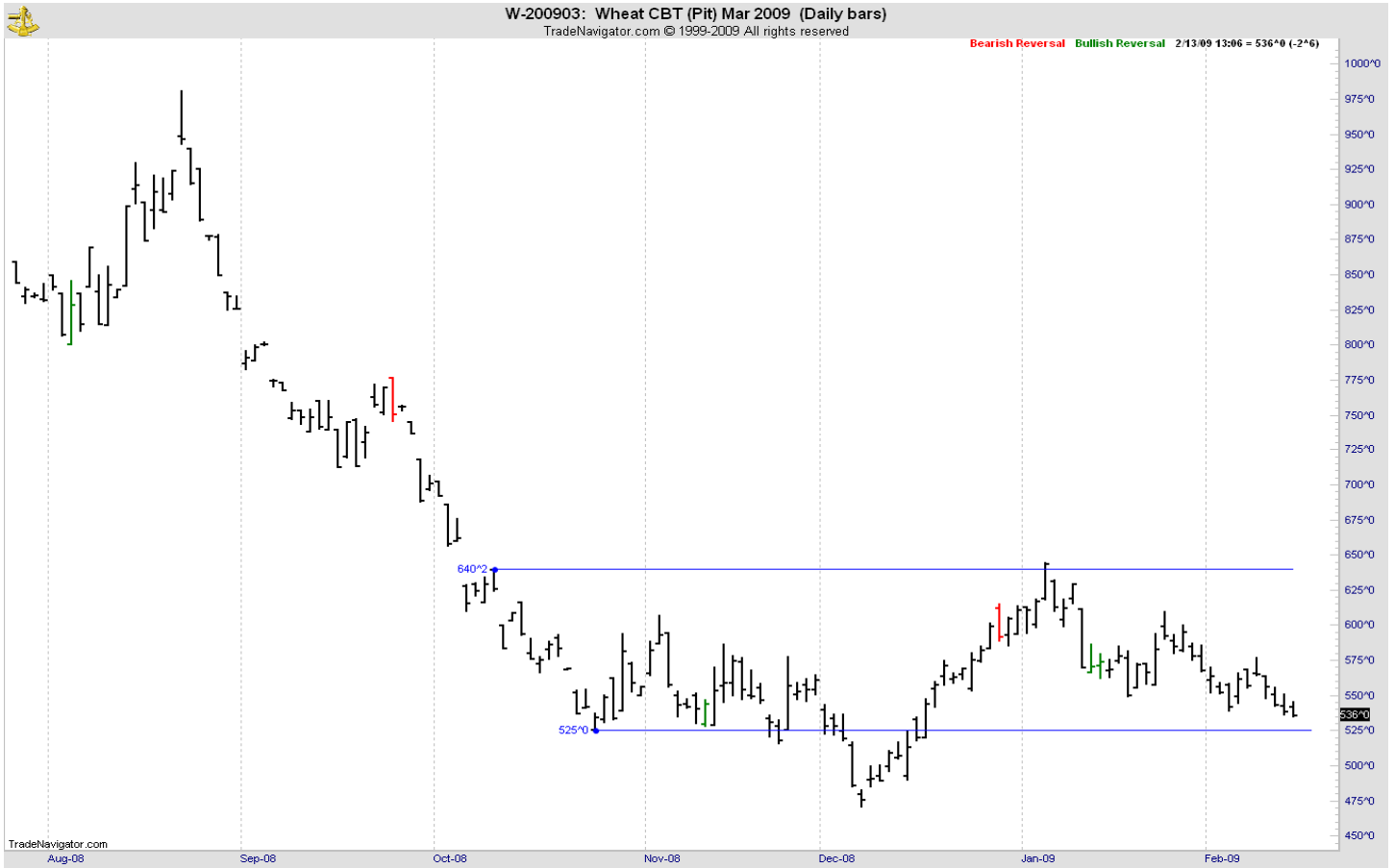
STRATEGY & OUTLOOK

Producers should have over 50% of their 2008 crop sold and/or hedged. The other 50% should be sold in 10% increments on a spring rally if March KC can rally to the \$6.75 to \$7.25 range. New crop hedges should be placed once July KC wheat can reaches the \$7.00 to \$7.50 range.

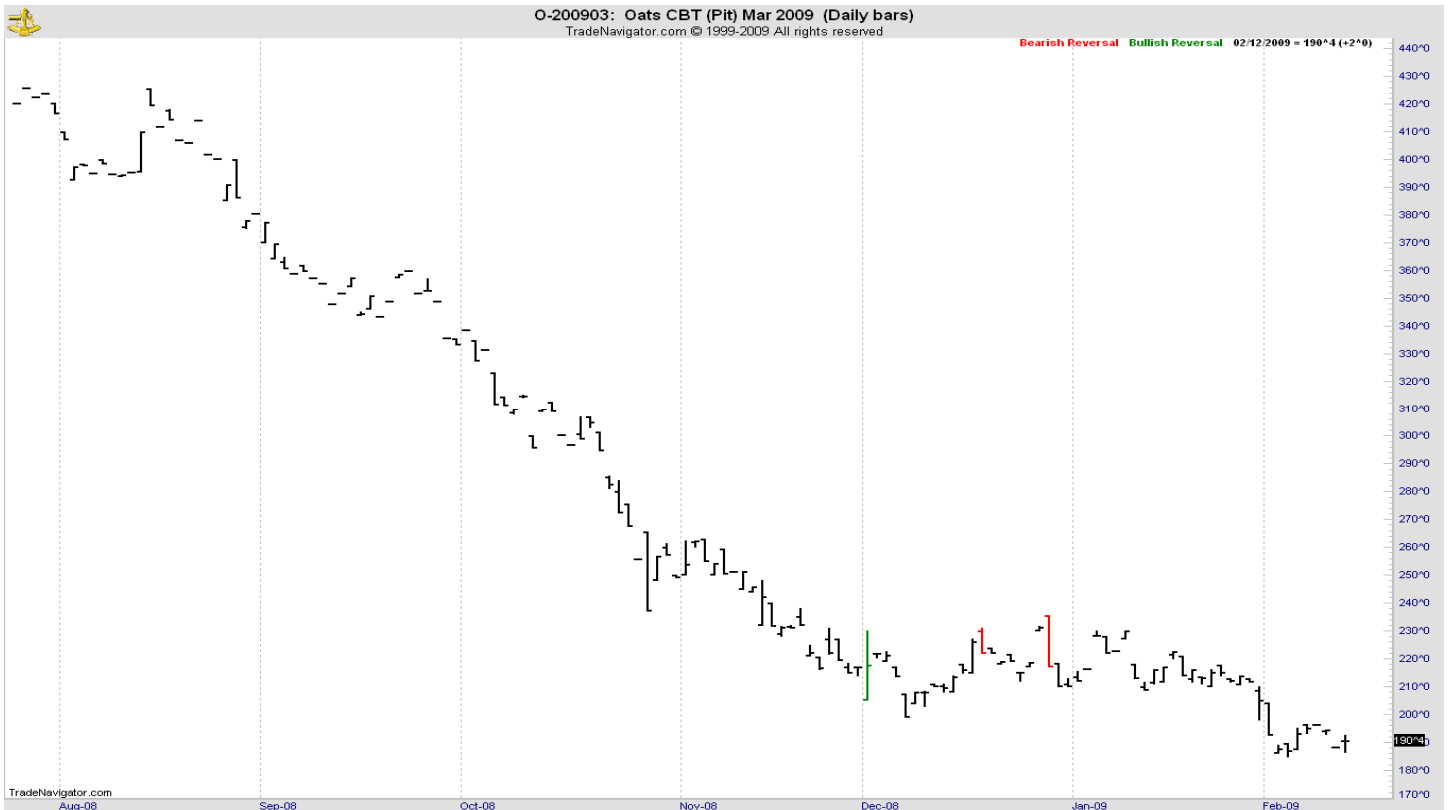
WEEKLY CHICAGO



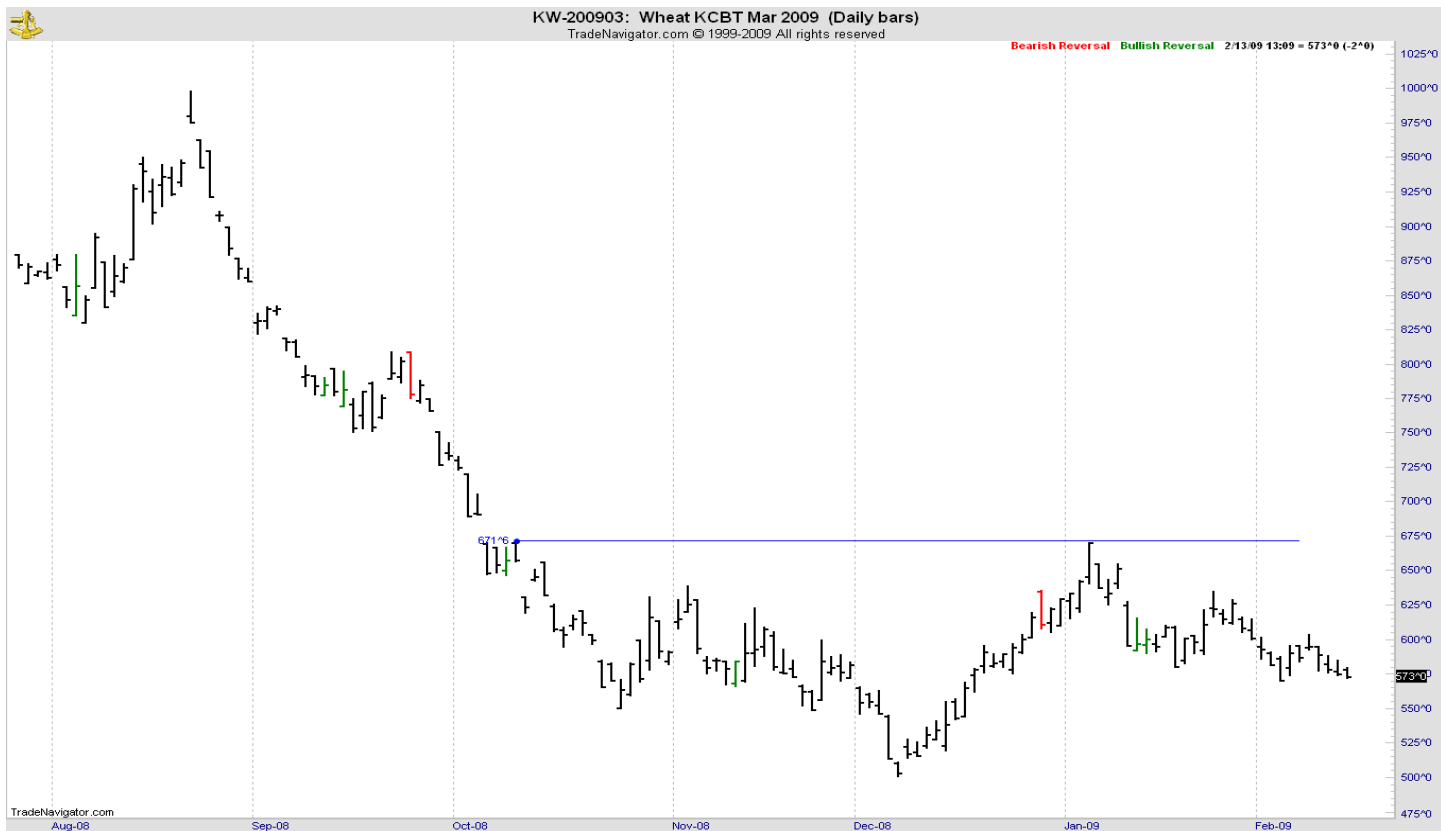
MARCH CHICAGO



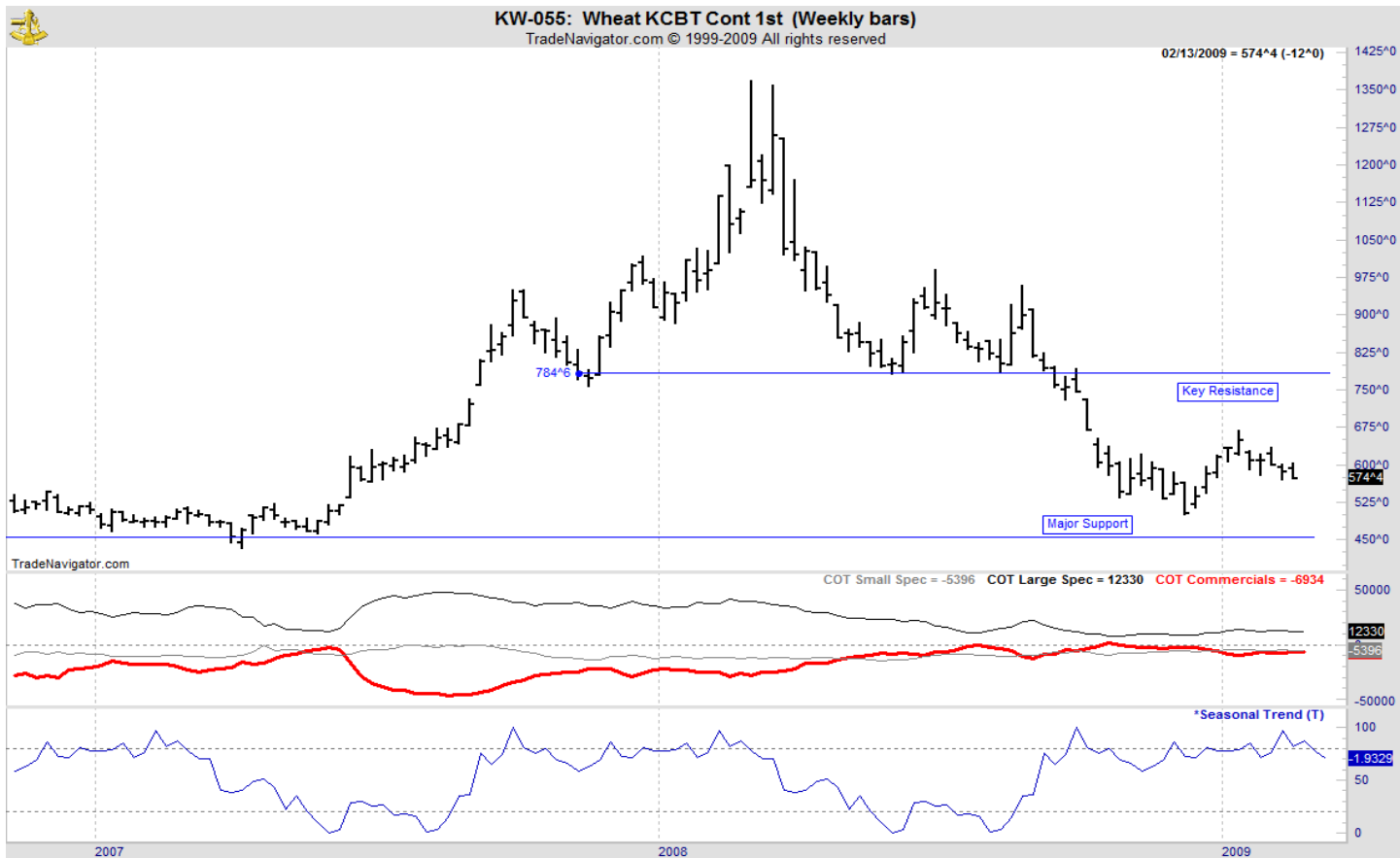
MARCH OATS



MARCH KANSAS CITY



WEEKLY KANSAS CITY



MARCH MINNEAPOLIS



WEEKLY MINNEAPOLIS

