

MIDWEST MARKET SOLUTIONS, INC.

"THE LEADING EDGE IN COMMODITIES"

327 BROADWAY
YANKTON, SOUTH DAKOTA 57078
866-203-9655
605-260-3063 FAX
WWW.MIDWESTMARKETSOLUTIONS.COM



THE MARKET INSIDER NEWSLETTER

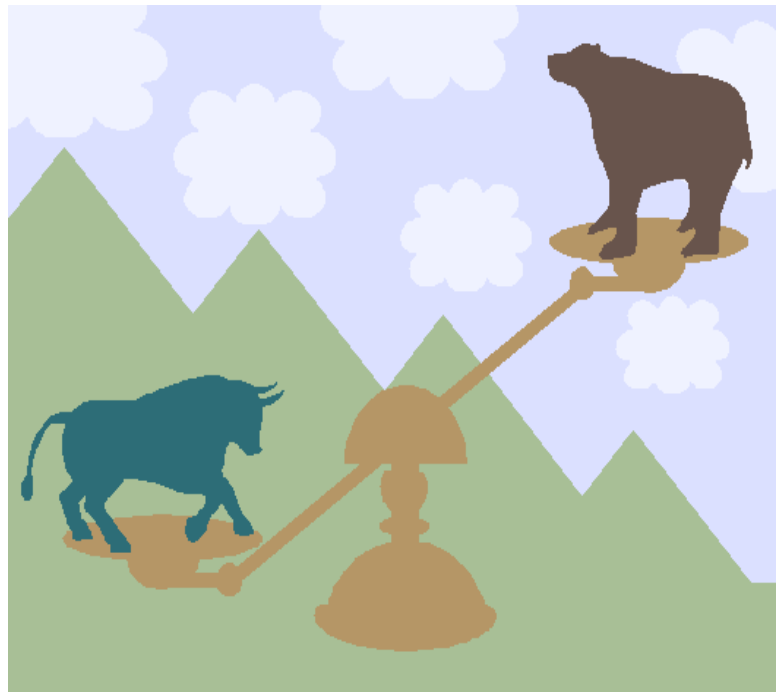
October 26, 2009

By: Brian Hoops, President
Midwest Market Solutions, Inc.

VISIT OUR WEBSITE AT www.midwestmarketsolutions.com FOR MORE INFORMATION.

Inside This Issue:

THE MENTAL TUG O' WAR	2
CORN OUTLOOK	3,4
SOYBEAN OUTLOOK	5-7
WHEAT OUTLOOK	8-11
LIVE CATTLE OUTLOOK	12
FEEDER CATTLE OUTLOOK	13
LEAN HOG OUTLOOK	14
NEWS	15
NEWS	16
WEATHER	17
CALENDAR OF EVENTS	18
MARGIN REQUIREMENTS	19
COMPANY INFO	20
DISCLAIMER	20



WHEAT



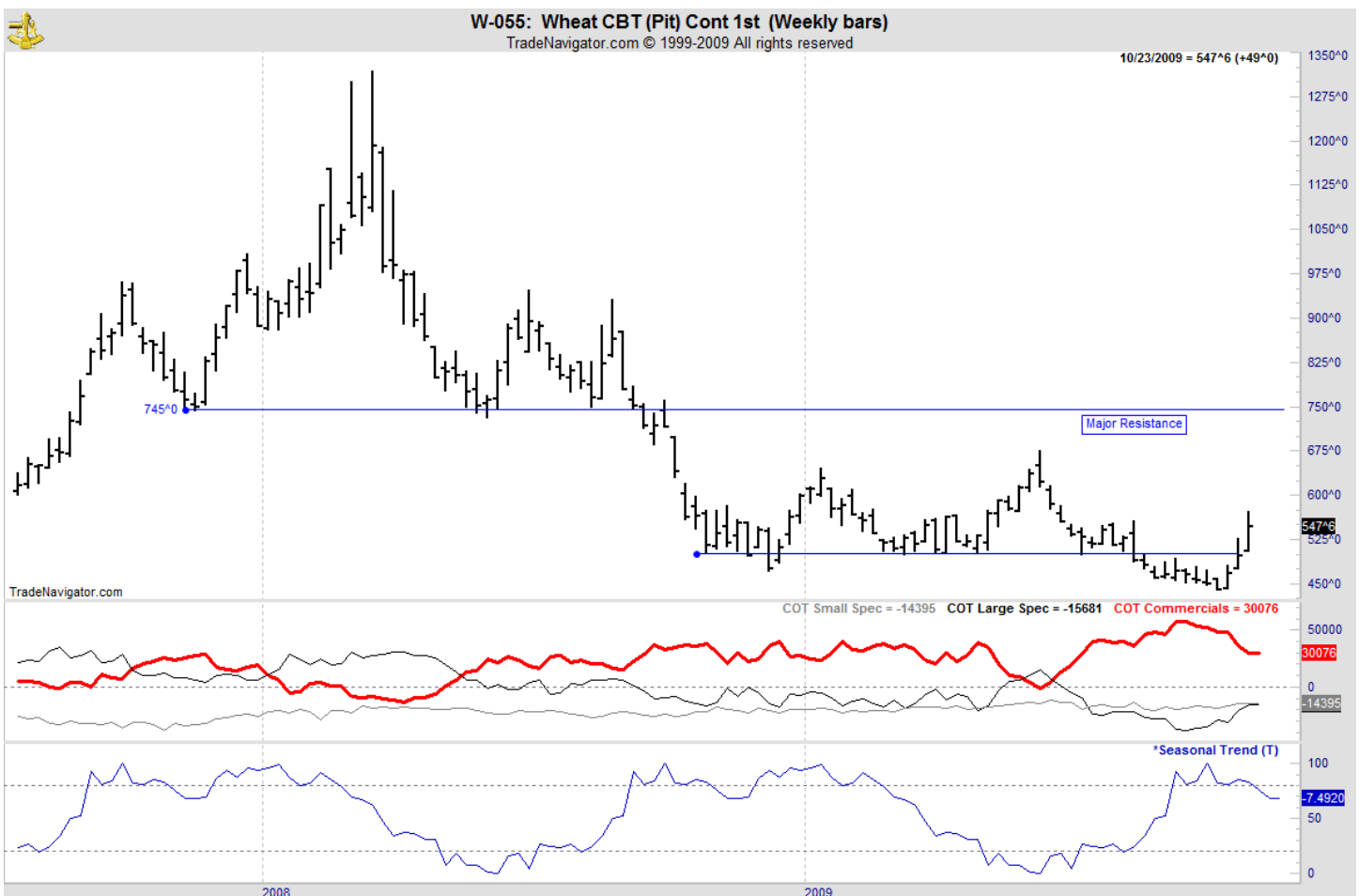
ANALYSIS

For the week, Chicago wheat closed \$.49 higher; Kansas City wheat \$.39 higher and Minneapolis wheat \$.34 1/4 higher. Wheat has had a huge rally without fundamental support. This rally MANDATES sales to be made as U.S. and world ending stocks remain huge. U.S. winter wheat planting advanced to 69% this week from 64% last week and compares to 77% last year and 78% average. The weekly export sales report showed net sales of 627,600 metric tons were up 31 percent from the previous week and 10 percent from the prior 4-week average. Increases were reported for Iraq (200,000 MT), Mexico (74,600 MT), Japan (71,300 MT), Indonesia (58,000 MT, switched from unknown destinations), Yemen (50,000 MT), the Philippines (39,400 MT), South Korea (38,200 MT), Israel (36,200 MT), and Costa Rica (26,900 MT, including 11,000 MT switched from Guatemala). This year's export forecast is way behind last year's sales profile, 464 mb vs. 676 mb. The U.S. need to export 13.21 mb each week to meet the USDA forecast. The lack of demand for U.S. wheat is the primary reason why wheat values are on the defensive and will continue to be throughout the winter.

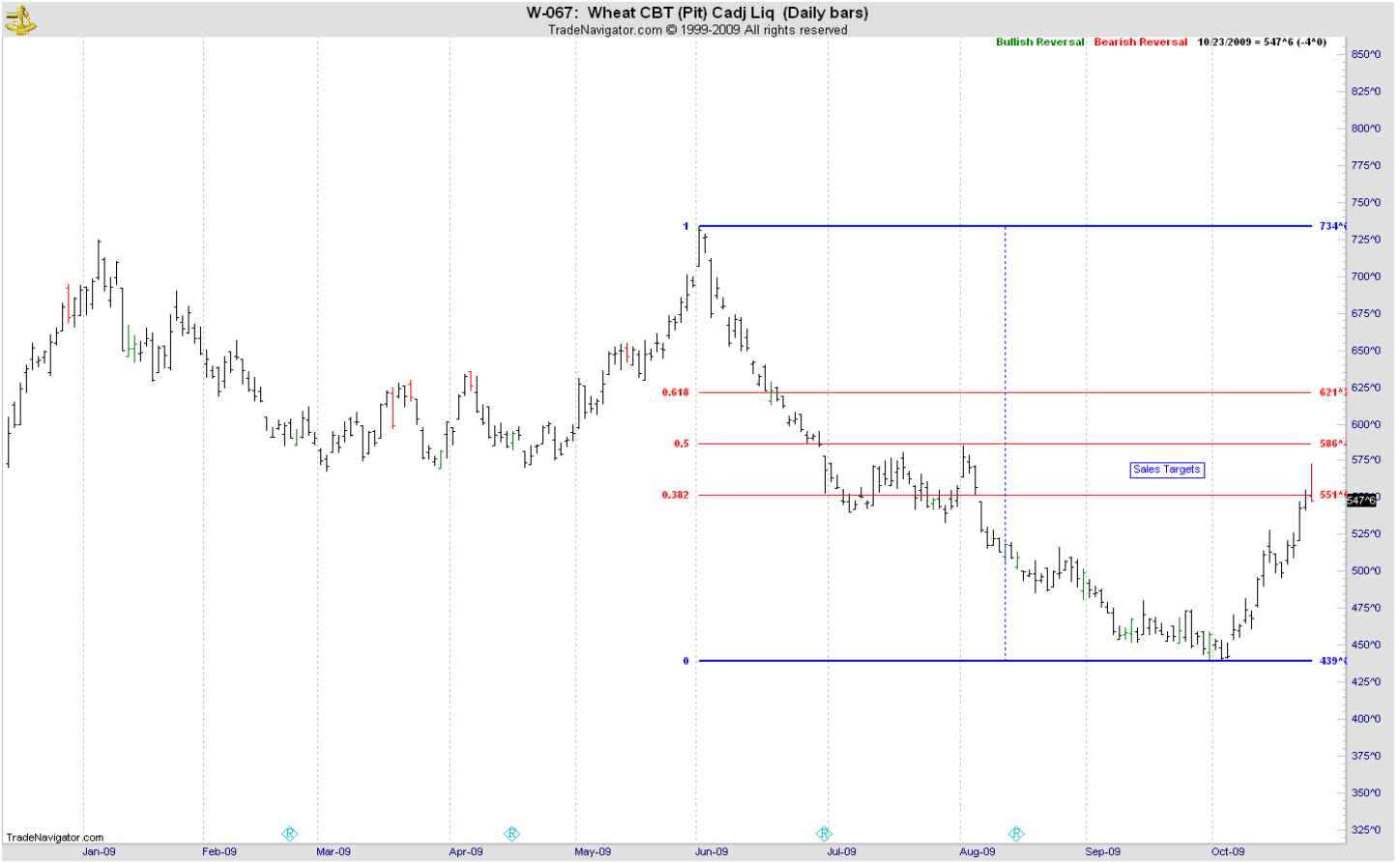
STRATEGY & OUTLOOK

Producers should have now sold/hedged all of their 2009 crop when KC wheat reached the long term price objective of \$6.80 to \$7.00. Producers should have used a combination of hedges, options and cash sales to manage price risk. Producers should exit long hedges and should have made new sales/hedges on the retracement levels.

WEEKLY CHICAGO



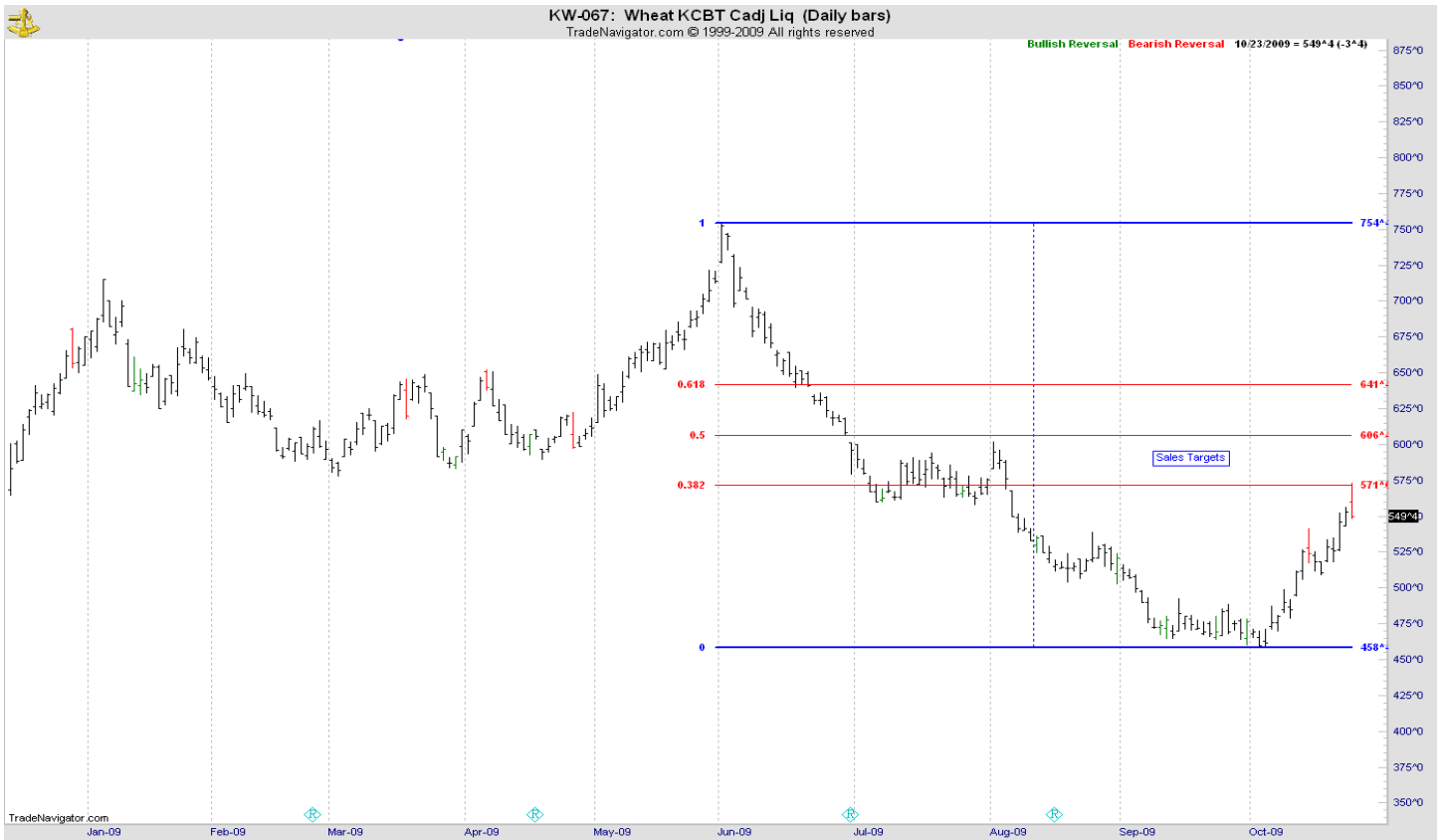
CHICAGO WHEAT



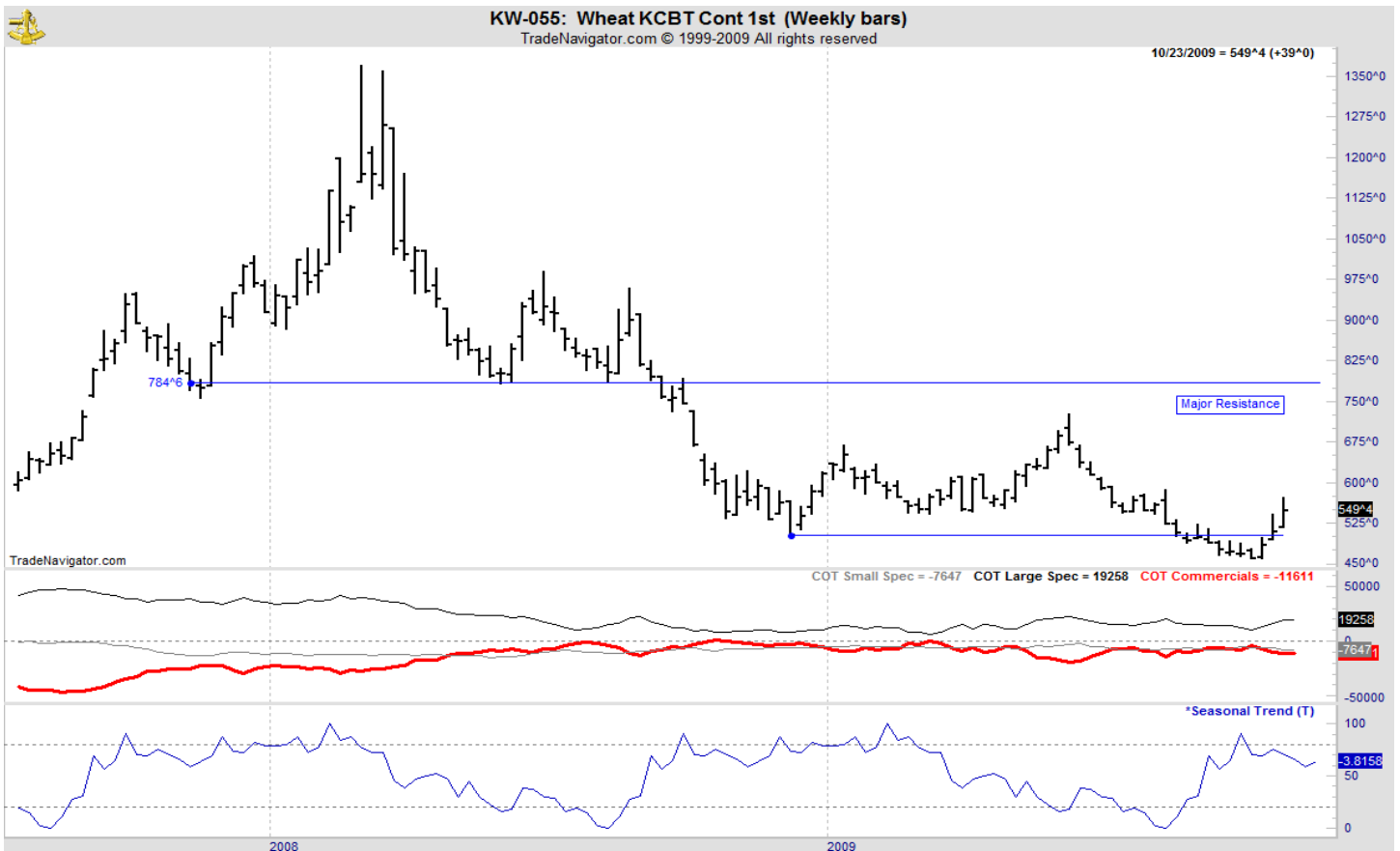
OATS



KANSAS CITY WHEAT



WEEKLY KANSAS CITY



MINNEAPOLIS WHEAT



WEEKLY MINNEAPOLIS

